

New Group  
Alert



# 8-WEEK (ONLINE) PROCESS GROUP

This group is a collaborative space to process experiences, explore universal themes and struggles, connect with others, and practice applying coping skills in real-time. The group is ongoing and requires a commitment of 8 weeks.

SUNDAYS @ 11AM - 12:30 PM CST  
COST: \$70 PER SESSION

Facilitated by Jennifer Bradtke,  
PsyD, HSPP, CGP

Register at:  
[info@changeworkspsychology.com](mailto:info@changeworkspsychology.com)

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